Fluorine in Pharmaceutical and Medicinal Chemistry

From Biophysical Aspects to Clinical Applications

Véronique Gouverneur Klaus Müller

Editors

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Foreword

François Diederich

For almost a century after the first preparation of elemental F_2 by Moissan in 1886, synthetic fluorine chemistry was pursued and developed by a small community of experts capable of handling the aggressive gas using special laboratory equipment. Important technological developments resulted from this work, such as the bulk-scale preparation of fluorinated hydrocarbons for refrigerators and other cooling devices, which, however, later became banned due to their atmospheric greenhouse effects and the depletion of the ozone layer. Nonetheless, lasting successful applications resulted, for example, from the development of fluorinated polymers such as Teflon®, of volatile gases for anesthesia, and of the separation of uranium isotopes using UF₆ centrifuges, for the production of nuclear fuel for use in powerplants.

The development of fluorine-containing drugs started in 1957 and was in the following years strongly aided by the increasing availability of commercial fluorinating agents allowing the safe and selective introduction of organofluorine, i.e. C–F bonds, using common laboratory equipment. This has resulted in the introduction of over 150 fluorinated drugs to the market, and currently nearly 20% of all pharmaceuticals and 40% of all agrochemicals in development contain organofluorine.

The reasons for this explosive growth in interest in the introduction of organofluorine are multiple. While beneficial effects on ADME (absorption, distribution, metabolism, and excretion) and safety were recognized earlier on, the interest in organofluorine has lately focused on more atom-based properties, such as distinct conformational and stereo-electronic properties, modulation of the pK_a -value of neighboring

Contents

	eword nçois Di	ederich		V
Pre	face		eur and Klaus Müller	xi
Sec	tion 1			1
1	in DN	A and R	Properties of Fluorinated Nucleobases NA Jelena Bozilovic and Joachim W. Engels	3
	1.1	Introdu	uction	3
	1.2	Fluorin	ne in Molecular Recognition	4
	1.3 Synthesis of Fluoro-Substituted Benzenes, Benzimidazo			
		and Inc	doles, and their Incorporation into Model RNA	6
		1.3.1	Chemical syntheses of fluoro-substituted	
			benzenes, benzimidazoles and indoles	6
		1.3.2	Synthesis of 12-mer RNA duplexes that	
			incorporate fluoronucleosides	12
		1.3.3	RNA melting studies and thermodynamic data	13
	1.4	Origin	of the Molecular Recognition Properties of	
		Fluorin	nated Nucleobases	16
		1.4.1	Stacking and desolvation: Insights from	
			thermodynamic analyses	16
		1.4.2	C–H···F–C interactions: Crystallographic	
			analysis of fluoro-substituted NNIs	17

xiv Contents

		1.4.3	Molecular dynamics simulations and free					
			energy calculations	20				
	1.5	Incorp	oration of Fluoro-Substituted NNI into					
		the Ha	mmerhead Ribozyme and siRNA Constructs					
			eir Acceptance by Polymerases	22				
		1.5.1	Hammerhead ribozyme	22				
		1.5.2	Fluorobenzene and benzimidazoles in RNA					
			interference and siRNA	24				
		1.5.3	Polymerase acceptance of fluorobenzimidazoles	26				
	1.6	Conclu	sion	26				
	Ackn	owledgen	nents	27				
	Refer	ences		27				
2	Mole	cular Inte	eractions of Fluorinated Amino Acids within					
	the H	the Hydrophobic Core of a Coiled Coil Peptide						
	Toni Vagt, Mario Salwiczek and Beate Koksch							
	2.1	Introd	uction	33				
	2.2	The α-Helical Coiled Coil as a Model System to						
		Investi	gate Fluorinated Amino Acids within a Native					
		Proteir	n Environment	35				
	2.3	Single Fluoroamino Acid Substitutions within a						
		Hetero	dimeric Coiled Coil	39				
		2.3.1 7	The α-helical coiled coil as a model for a natural					
		p	protein environment	39				
	2.4	Biophy	sical Characterisation of the Interactions	41				
		2.4.1	Hydrophobicity of the fluorinated amino acids	41				
		2.4.2	The impact of fluorine substitutions on coiled					
			coil structure	44				
		2.4.3	The impact of fluorine substitutions on the					
			thermodynamic stability of the dimer	47				
	2.5	Screening for Native Interaction Partners						
	2.6	Conclu	nsions and Outlook	57				
	Ackn	cknowledgements						
	Refer	References						

Contents xv

3	Probing the Binding Affinity and Proteolytic Stability of							
	Triflu	oromethy	yl Peptide Mimics as Protease Inhibitors	63				
			Alessandro Volonterio, Monica Sani					
		and Sergio Dall'Angelo						
	3.1	Introdu	uction	63				
	3.2	Peptidy	yl Trifluoro-Ketones	64				
	3.3		omimetics Containing the Trifluoroethylamine					
		Function	on as Peptide Bond Replacement	66				
	3.4	Trifluo	romethyl-Peptidomimetics as Protease Inhibitors	73				
		3.4.1	MMP inhibitors	73				
		3.4.2	β -Fluoroalkyl β -sulfonyl hydroxamates	75				
		3.4.3	Dual ACE/NEP inhibitors	77				
		3.4.4	Crystallographic analysis of the role of the					
			CF ₃ -group in the binding process to enzyme					
			active sites	80				
	Refer	ences		86				
1	Trifluoromethyl-Substituted α-Amino Acids as Solid-State							
	¹⁹ F N	MR Labe	els for Structural Studies of Membrane-Bound					
	Peptides							
	Vladi	mir S. Ku	byshkin, Igor V. Komarov, Sergii Afonin,					
	Pavel K. Mykhailiuk, Stephan L. Grage and Anne S. Ulrich							
	4.1	Introdu	uction	91				
	4.2		State NMR for Structure Analysis of					
			rane-Associated Polypeptides	93				
	4.3		of the CF ₃ Group as a Label for ¹⁹ F NMR of	, -				
			es in Membranes	96				
	4.4	_	le CF ₃ -Labelled Amino Acids for ¹⁹ F NMR	,				
		Analys	•	98				
	4.5	•	-Substituted Amino Acids: TfmAla	99				
		4.5.1	Synthesis	99				
		4.5.2	Separation of the TfmAla enantiomers	106				
		4.5.3	Incorporation of TfmAla into peptides	107				
		4.5.4	¹⁹ F NMR structure analysis of peptides	207				
		1.0.1	with TfmAla	109				

xvi Contents

	4.6 Amino Acids with a Rigid Spacer Between Cα						
		and the	e CF ₃ Group: 4-TfmPhg and TfmBpg	111			
		4.6.1	Synthesis of 4-TfmPhg	111			
		4.6.2	Separation of the 4-TfmPhg enantiomers	117			
		4.6.3	Incorporation of 4-TfmPhg into peptides	118			
		4.6.4	Synthesis of TfmBpg	120			
		4.6.5	Synthesis of peptides containing TfmBpg	121			
		4.6.6	¹⁹ F NMR structure analysis of peptides				
			with 4-TfmPhg and TfmBpg	122			
	4.7	Conclu	sions and Perspectives	124			
	Ackno	owledgen	nents	128			
	Refere	ences		128			
Sec	tion 2			139			
5	Fluor	ine-Cont	aining Pharmaceuticals	141			
	Steve Swallow						
	5.1	Introduction					
		5.1.1	Survey of fluorine-containing pharmaceuticals	142			
	5.2	Case St	udies	144			
		5.2.1	Ezetimibe (Zetia)	144			
		5.2.2	Celecoxib (Celebrex)	147			
		5.2.3	Sitagliptin (Januvia)	147			
		5.2.4	Fluconazole (Diflucan) and Voriconazole				
			(Vfend)	154			
		5.2.5	Fluoroquinolones	158			
		5.2.6	Fluticasone propionate (Flovent, Flixotide)	160			
		5.2.7	Aprepitant (Emend)	165			
	5.3	Summa	ary and Future Outlook	169			
	Refere	ences		170			
6	Applications of Pentafluorosulfanyl Substitution						
		in Life Sciences Research John T. Welch					
	6.1	Introd	uction	175			
	6.2		detion l Preparative Information	173			
	0.2	Genera	n i reparative imormanoli	1//			

		6.2.1	Synthesis of 1-fluoro-4-nitro-2-	
			(pentafluorosulfanyl)benzene and derivatives	178
		6.2.2	Synthesis of 4,5-dihydroisoxazoles with allylic	
			pentafluorosulfanyl substituents	178
		6.2.3	Pentafluorosulfanyl (SF ₅) pyrrole carboxylic	
			acid esters	179
	6.3	Agroche	mical Applications	180
		6.3.1	3-(2-Chloro-4-(pentafluorosulfanyl)phenoxy)	
			benzoic acid	180
		6.3.2	Pentafluorosulfanylphenyl and	
			benzoylisoxazoles	181
		6.3.3	Trifluralin analogue	182
		6.3.4	Insecticidal derivatives of substituted	
			phosphorylated phenylalkyl iminooxazolines	
			and iminothiazolines	183
		6.3.5	Fungicidal (E)-methyl 2-(2-(3-	
			(pentafluorosulfanyl)phenoxymethyl)	
			phenyl)-3-methoxyacrylate, 44	183
		6.3.6	N-(3-Phenylpropyl) and (3-phenylethyl)	
			benzamides	184
	6.4	Medicin	al Chemistry	184
		6.4.1	1-(Pentafluorosulfanylphenyl)-3-(1,2,4-triazol-	
:			3-ylthioalkyl)-3-azabicyclo[3.1.0]hexanes,	
			dopamine D3 receptor modulators	185
		6.4.2	Pentafluorosulfur piperazinylpiperidines	186
		6.4.3	Pentafluorosulfanyl arene containing pyrazoles	187
		6.4.4	N-(phenoxycyanomethylethyl)	
			(pentafluorosulfanyl) benzamide	187
		6.4.5	Preparation of pentafluorosulfanyl-substituted	
			compounds for use as vanilloid receptor VR1	
			ligands	188
		6.4.6	4-Fluoro-N-(4-pentafluorosulfanylphenyl)	
			-4-(3-fluoropyridin-2-yl)	
			cyclohexanecarboxamide 84	189
		6.4.7	Pentafluorosulfanylarene aminoimidazoles	190
		6.4.8	3-Phenylhydantoins	191

		6.4.9	Pentafluorosulfanyl benzoylguanidines	192
		6.4.10	Pentafluorosulfanylphenoxy-substituted	
			benzoylguanidines	193
		6.4.11	Functionalization of	
			pentafluorosulfanylphenoxy-substituted	
			benzoylguanidines	193
		6.4.12	Pentafluorosulfanyl-containing diarylamine	
			trypanothione reductase inhibitors	193
		6.4.13	A pentafluorosulfanyl-containing quinoline,	
			a mefloquine analogue	196
		6.4.14	Fluoxetine analogues	197
		6.4.15	Fenfluramine and norfenfluramine	199
		6.4.16	5-Hydroxytryptamine	200
	6.5	Conclu	sions and Outlook	202
	Ackn	owledgem	ents	202
	Refer	ences		202
7	Strate	egic Incori	poration of Fluorine into Taxoid	
		ancer Age		209
		•	Liang Sun and Iwao Ojima	
	7.1	Introdu	action	209
	7.2	Paclitax	rel, Docetaxel and New-Generation Taxoids	210
	7.3	Synthes	is and Biological Evaluation of	
		•	e-Containing New-Generation Taxoids	213
	7.4	Synthes	is and Biological Evaluation of	
		Fluorin	e-Containing C-Seco-Taxoids	221
	7.5	Use of S	Solid-State ¹⁹ F NMR and Computational	
		Analysi	s for the Determination of Bioactive	
		Confor	mation of Paclitaxel and Fluorinated Taxoids	226
	7.6	Use of 1	Fluorine in Tumour-Targeting Anticancer	
		Agents		232
	Ackn	owledgem	ents	234
		ences		235

O	
Contents	XIX
COMPONE	71.171

8	Synth	esis and.	Antiviral, Antitumour Activities			
	•		Sugar Nucleosides	241		
		Feng Zheng, Xiao-Long Qiu and Feng-Ling Qing				
	8.1	8.1 Introduction				
	8.2	Nucleosides Fluorinated at C2'				
		8.2.1	2'-α-Fluoro nucleosides	243		
		8.2.2	2'-β-Fluoro nucleosides	246		
		8.2.3	2', 2'-Difluoronucleosides	250		
		8.2.4	2'-Fluoro-2',3'-didehydro-2',3'-dideoxy			
			nucleosides	252		
	8.3	Nucleo	sides Fluorinated at C3'	254		
		8.3.1	3'-α-Fluoro nucleosides	254		
		8.3.2	3'-β-Fluoro nucleosides	256		
		8.3.3	3',3'-Difluoro nucleosides	258		
		8.3.4	3'-Fluoro-2', 3'-didehydro-2', 3'-dideoxy			
			nucleosides	260		
	8.4	Nucleo	sides Fluorinated at C4'	261		
	8.5	Nucleosides Fluorinated at C6'				
	8.6					
		Nucleo		269		
	8.7	Nucleosides Bearing Exocyclic Fluorocarbon				
		Substituents at C2′, C3′ and C4′				
		8.7.1	Nucleosides containing a trifluoromethyl			
			group	272		
		8.7.2	Nucleosides containing a difluoromethylene,			
			fluoromethylene or difluoromethyl group	274		
	8.8	Other 1	Fluorinated Nucleosides	276		
		8.8.1	Fluorinated cyclopropyl nucleosides	276		
		8.8.2	Fluorinated cyclobutyl and oxetanosyl			
			nucleosides	278		
		8.8.3	Fluorinated pyranosyl nucleosides	278		
	8.9	Confor	mational Studies of Fluorinated Nucleosides	280		
	8.10	Conclu		284		
	References					

xx Contents

9	Synthe	sis of Flu	orinated Neurotransmitter Analogues	299		
	Margit Winkler and David O'Hagan					
	9.1	Introduc	ction	299		
	9.2	Adenosi	300			
	9.3	305				
		9.3.1	Epinephrine (adrenaline)	305		
		9.3.2	Norepinephrine (noradrenaline)	306		
		9.3.3	Octopamine	307		
		9.3.4	Tyramine	308		
	9.4	Cannabi	noid Receptors	308		
	9.5	Dopami	ne Receptors	310		
		9.5.1	Dopamine	310		
		9.5.2	L-DOPA	311		
	9.6	GABA R	Receptors	312		
	9.7	Glutamate Receptors				
	9.8	Histamine Receptors				
	9.9	Muscarinic Receptors				
	9.10	Nicotinic Acetylcholine Receptors				
	9.11	Serotonin Receptors				
	9.12	Melaton	323			
	9.13	Vanilloi	323			
	9.14	Capsaici	323			
	9.15	Anandaı	324			
	9.16	Conclus	324			
	References					
Sect	tion 3	•		333		
10	¹⁸ F-Radionuclide Chemistry			335		
	Romain Bejot and Véronique Gouverneur					
	10.1	Introduc	ction	335		
		10.1.1	Radioisotope ¹⁸ F	335		
		10.1.2	Nuclear reactions	335		
		10.1.3	Production of ¹⁸ F	337		
		10.1.4	Positron emission tomography (PET)	338		

Contents	xxi

	10.1.5	Specific activity	339	
	10.1.6	Kinetics and radiochemical yield	341	
10.2	Carrier-	-Added ¹⁸ F-Labelled Probes	342	
	10.2.1	Carrier-added [18F]fluoride	342	
	10.2.2	Surface interactions with ¹⁸ F-labelled probes	344	
	10.2.3	Catalytic fluorination	345	
10.3	Nucleo	philic ¹⁸ F-Radiolabelling	345	
	10.3.1	Reactive [18F]fluoride	346	
	10.3.2	Nucleophilic carbon-fluorine bond formation	348	
	10.3.3	Silicon-fluorine bond formation	357	
	10.3.4	Boron–fluorine bond formation	358	
	10.3.5	Aluminium-fluorine bond formation	359	
	10.3.6	Phosphorus–fluorine bond formation	359	
10.4	Electro	philic ¹⁸ F-Radiolabelling	360	
	10.4.1	Electrophilic fluorination agents	360	
	10.4.2	Electrophilic carbon-fluorine bond formation	364	
10.5	Prosthe	etic Groups	367	
10.6	Purifica	ntion	369	
Acknowledgements				
Refere	nces		370	
¹⁸ F-La	belled Tr	acers for PET Oncology		
and N	eurology	Applications	383	
Sajind	er K. Lut	hra and Edward G. Robins		
11.1	Introdu	action to Molecular Imaging	383	
11.2	Positro	n Emission Tomography (PET)	384	
11.3	Biologi	cal Imaging Targets	385	
11.4	Tracer 1	Development	385	
11.5	Oncolo	gy Applications	388	
11.6	$2-[^{18}F]$	Fluoro-2-Deoxy-D-Glucose ([18F]FDG)	389	
11.7	3'-Deox	xy-3'-[¹⁸ F]Fluoro-L-Thymidine ([¹⁸ F]FLT)	391	
11.8	Imagin	g Tumour Angiogenesis	396	
11.9	Choline	e Metabolism	404	
11.10	Apopto	osis	408	
	11.10.1	PS targeting radiotracers	408	

xxii Contents

	11.11	Caspase Ta	argeting Radiotracers	411
	11.12	CNS Neurosciences Applications		
	11.13	Beta-Amyloid Plaques and Neurofibrillary Tangles		414
		11.13.1 H	FDDNP	415
		11.13.2 H	BTA derivatives	417
		11.13.3	Stilbenes	421
	11.14	Peripheral Benzodiazepine Binding Sites		
		or TSPO-18kDa		423
		11.14.1 A	Aryloxyanilide-based ligands	424
		11.14.2 [¹⁸ F]FEDAA1106	425
		11.14.3 [¹⁸ F]FEAC and [¹⁸ F]FEDAC	426
		11.14.4 F	PBR06	426
		11.14.5 [¹⁸ F]FEPPA	428
		11.14.6 H	Pyrazolopyrimidine ligands	429
	11.15	m e		
	11.16	0 0		
	11.17	Ion Chann	nels	440
	11.18	Summary		
	Acknowledgements			441
	Refere	nces		441
112	¹⁹ F NMR: Clinical and Molecular Imaging Applications Vikram D. Kodibagkar, Rami R. Hallac, Dawen Zhao,			461
	Jian-X	in Yu and R	alph P. Mason	
	12.1	Introducti	on	461
	12.2	Clinical Applications and Drug Metabolism		
	12.3	-	Molecule Strategies	473
			Physical interactions	474
			Chemical association	480
			Chemical interactions	484
	12.4	Passive Reporter Molecules 4		
	12.5	Recent Innovations, Novelties and Future Improvements		492
		12.5.1	Chemistry and molecular engineering	492
		12.5.2 H	Biology	495

		Contents	
	12.5.3	Physics	496
	12.5.4	Innovative new applications	496
12.6	Contex	t of ¹⁹ F NMR in Biomedicine Today	497
Ackno	Acknowledgments		
Refere	References		
Index			525