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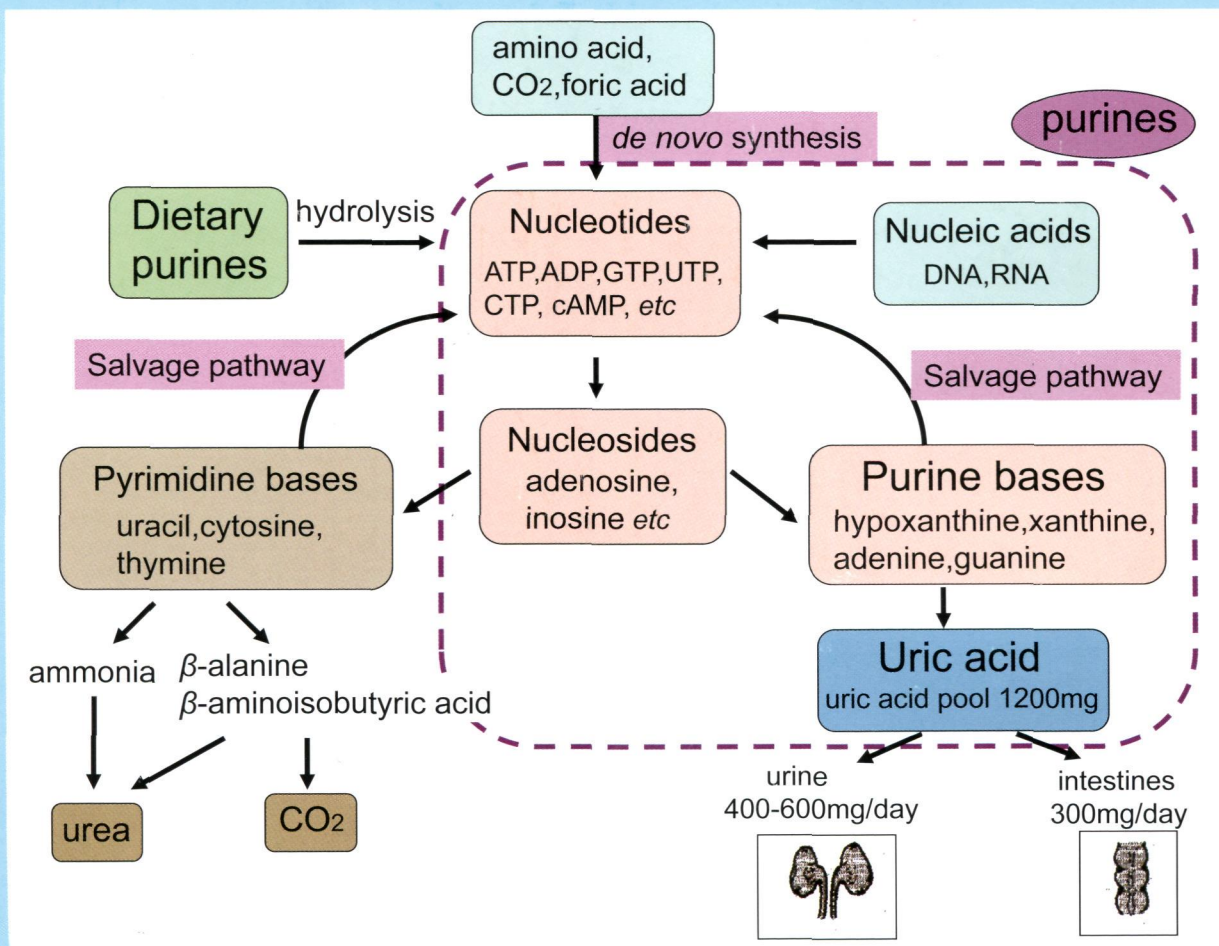
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Cover Figure Purine Base Content of Common Foodstuffs

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About the cover: Purines are metabolized to uric acid in humans. As high intake of purine-rich foods reportedly enhances serum uric acid levels, the daily intake of dietary purines is recommended to be less than 400mg to prevent gout and hyperuricemia in Japan. We summarized the content of total purines and each purine base in a total of 270 foodstuffs. For patients with gout and hyperuricemia, the amount of total purines and the types of purines consumed, particularly hypoxanthine, are important considerations. The data in this review provide a purine content reference, and thereby clinicians and patients could utilize that in nutritional therapy for gout and hyperuricemia. See the Review by Kaneko *et al.* on page 709 of this issue.